



Day 1



Bible Point: Jesus' power helps us do hard things.

Bible Verse: "For I can do everything through Christ, who gives me strength."
Philippians 4:13

Bible Story: Ananias helps Saul (Acts 9:1-19)

BIBLE STORY DISCUSSION

After watching the Bible Story video, discuss the following:

- 1.) God asked Ananias to do something very hard. What did God ask Ananias to do?
- 2.) God often asks us to do hard things too. Can you think of some things that are difficult to do?
- 3.) Why did meeting Saul and helping him seem so hard to Ananias?
- 4.) What happened because Ananias listened to God?
- 5.) Do you think you would listen to God if he asked you to help an enemy?
- 6.) Why do you think God asks us to do hard things?



CRAFT: PUZZLE

Materials:

- Blank puzzle
- **Coloring supplies (not included)**

1. If there are multiple children doing this project at the same time, a suggestion is to flip the puzzle over and make a distinctive mark on the back of each piece (i.e. kid's initials, certain color marking, etc.). Then if a child's puzzle pieces get mixed up with another child's puzzle, you will know which pieces belong to whom.
2. Have children decorate their puzzle using markers, crayons and/or colored pencils. Some examples could be to draw a picture, make a design, or write out the memory verse or Bible Point for the day. Let those creative juices flow! ☺
3. When finished designing their puzzle, take puzzle apart and try to put it back together again.

Follow up question to ask: was it hard to get your puzzle back together?

There will always be times where we have to do hard things, a lot of them being harder than putting together a puzzle. Sometimes we may not understand why have to go through challenging times. We may not be able to control what's happening; our lives seem to be going in all different directions. But just like your puzzle came together to make a beautiful picture, God sees the big picture in YOUR life and is putting each piece of your life exactly where it's supposed to be according to His purpose. God is not surprised by the hard things you face, and He definitely won't leave you to face those things by yourself. You can rely on Jesus' power to tackle any hard thing that comes your way. Jesus' power helps us do hard things! TRUST JESUS!

GAMES

Each day we will have a handful of game suggestions. Don't feel you *have* to do *all* of them; let it fit your family! Whatever you decide to do – have fun with it! ☺

Our Bible story today involved Saul after he had lost his sight. Can you imagine what that would be like, not being able to see? Try this first game and see how challenging it is when you can't depend on your eyesight!

GAME 1: BLIND DRAWING

Materials:

- Paper plate
- **pencil (not included)**

Have each person hold the paper plate on top of his/her own head and be ready to draw on it with the pencil.

Read these directions out loud:

1. Draw a horizontal line to be your grass.
2. On top of the line, draw a square.
3. Turn your square into a house by drawing a triangle roof on top of the square.
4. Draw two square windows and a door inside the house.
5. Draw a sun in the upper-left corner next to the house.
6. Draw a tree to the right of the house on top of the grass.

Take the plate off of your head and have a fun look at your drawing!

Want to make the paper plate drawing game easier? Instead of putting the paper plate on your head, play by drawing on regular paper on a table but blindfolded or with your eyes closed.

Want to play again??? Try this one:

1. Draw grass on the ground.
2. Draw the sun with rays in the sky.
3. Draw two flowers in the grass that are not touching.
4. Draw 2 birds in the sky under the sun.
5. Draw one cloud in the sky next to the sun.

GAME 2: FOREVER OBSTACLE COURSE

Materials:

- Rocky Railway Music CD
- Whatever objects you have on hand to make obstacle course.

Possible Suggestions:

- **3 pool noodles and duct tape or a long section of cardboard**
- **Kids' slide**
- **Bean bags**
- **2 buckets**
- **Play tunnel or card table to crawl under**
- **Blue /(or any color) fabric or tablecloth (2-3 feet wide)**



This game is very flexible. Feel free to get creative! Create your obstacle course in a circle, leaving about 10 feet between each obstacle, if possible. Tape three pool noodles together side by side with duct tape or use a piece of cardboard; use a slide if you have one; place half the beanbags in each of the buckets, and place the buckets 3 feet apart perpendicular to the course; set out the play tunnel; and lay out the blue fabric across the course. The blue fabric should be about 10 feet from the pool noodle bridge.

Say: **Trains have to travel past all sorts of things, like mountains, tunnels, and bridges, to get to their destination. Let's pretend we're trains following *this* track!**

Show kids the obstacle course.

We'll have to cross this bridge. Demonstrate walking across the pool noodle bridge. **Then we'll go over this mountain.** Show them the slide. **Next you'll make a delivery by moving these beanbags from one station to the other.** Demonstrate running a beanbag from one bucket to the other. **And then you'll go through a dark tunnel.** Show kids the play tunnel. **After the tunnel, you have to get over this river.** Demonstrate jumping over the river. **Then after that you'll have to cross the bridge again.** Demonstrate walking across the pool noodle bridge again.

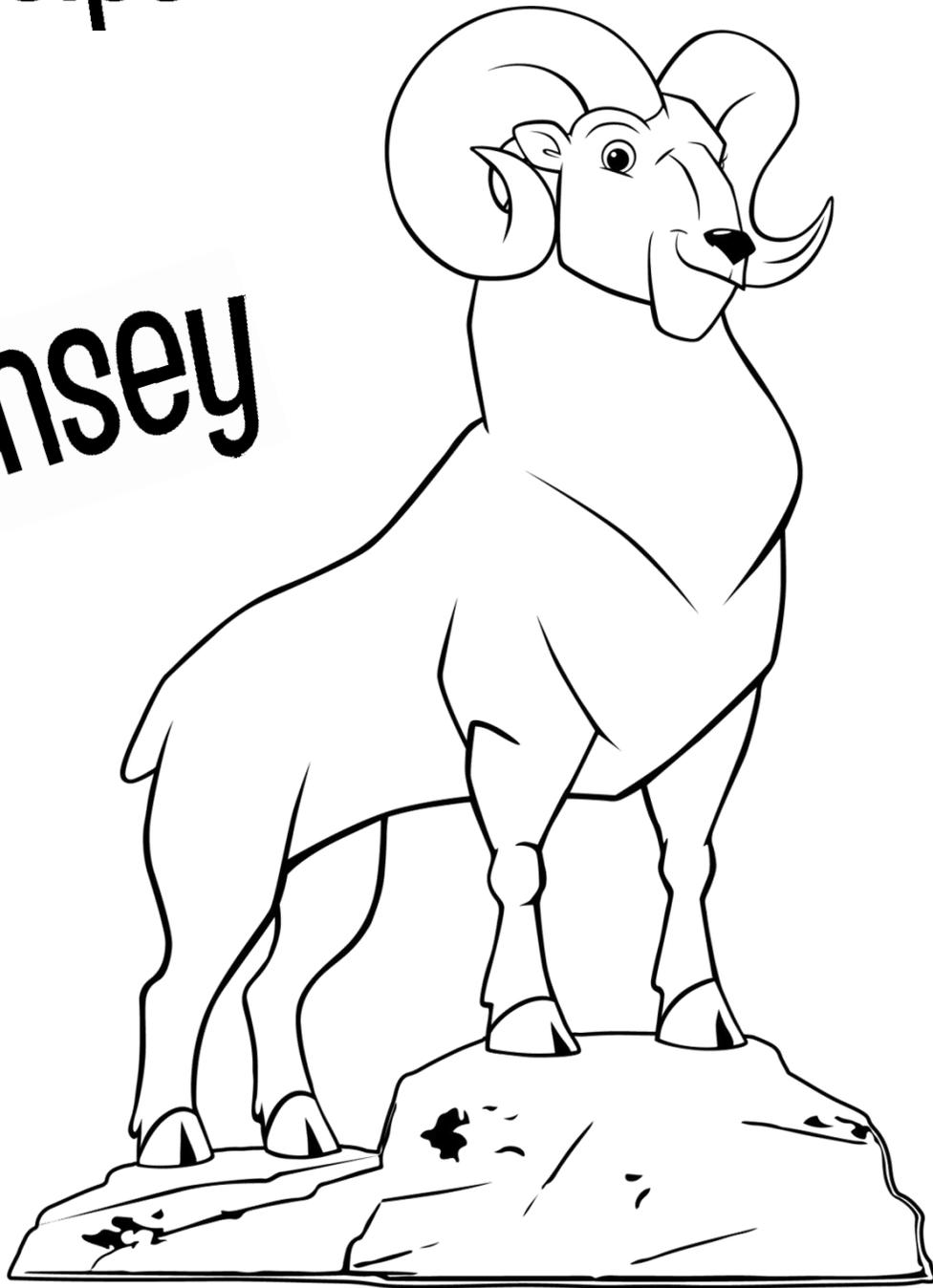
1. Play music and let kids do one obstacle at a time, moving to the next obstacle when the child ahead of them has finished.
2. You can walk alongside younger children and help them remember what to do at each obstacle.
3. Encourage players to cheer for each other as they're waiting for their turn at any of the obstacles.
4. Let kids continue going around the obstacle course as time allows.

Ask: **What was the hardest part of the game for you? What are some other hard things you have accomplished?**

Say: **Wow, that was a challenge! A train engine has to work hard to pull cars full of heavy things over big mountains. When we have hard things to do, we can ask Jesus for help. Jesus' power helps us do hard things. (Trust Jesus!)**

**Jesus' power
helps us do hard things.**

Ramsey



**"For I can do everything through Christ,
who gives me strength."**

(Philippians 4:13)